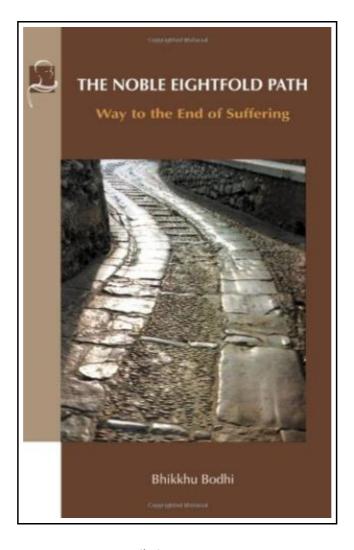
The Noble Eightfold Path: Way to the End of Suffering



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Reviews

A must buy book if you need to adding benefit. It really is writter in easy terms instead of difficult to understand. I found out this ebook from my dad and i advised this publication to find out.

(Prof. Elton Gibson I)

THE NOBLE EIGHTFOLD PATH: WAY TO THE END OF SUFFERING



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Pariyatti Press. Paperback. Book Condition: new. BRAND NEW, The Noble Eightfold Path: Way to the End of Suffering, Bhikkhu Bodhi, This book offers a clear, concise account of the Eightfold Path prescribed to uproot and eliminate the deep underlying cause of suffering-ignorance. Each step of the path is believed to cultivate wisdom through mental training, and includes an enlightened and peaceful middle path that avoids extremes. The theoretical as well as practical angles of each of the paths-right view, right intention, right speech, right action, right livelihood, right effort, right mindfulness, and right concentration-are illustrated through examples from contemporary life. The work's final chapter addresses the Buddhist path and its culmination in enlightenment.

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